



A 4-H STEP club is a special interest club where five or more young people learn about a topic of interest in a designated time frame for example 4 to 12 weeks. Topics vary and include interests, such as nature, heritage arts, science, engineering, gardening, technology, and more. STEP clubs are led by volunteers who have a passion and want to share their knowledge with young people. Many states, including New Jersey, have valuable resources available for volunteers and instructors to use.

New Jersey 4-H offers:

- 4-H Cloverbud Activity Guide: <https://njaes.rutgers.edu/pubs/publication.php?pid=4H270>

Utah State University offers a wide variety of STEP program curriculum including:

- Animals:
 - Dairy Cows, Beef, Dogs, Horse First Aid & Horse Showmanship, Goats, Sheep, Swine, Pack Goats, Wildlife, African Safari, and Poultry Production & Poultry Showmanship
- Environmental Stewardship:
 - Nature, Seeds, Junior Gardener, Urban Gardening, Planet Energy, Wonders of Water, Geology, Entomology, Cloverbud Earth Science, Exploring Energy, and Archeology
- Personal Development:
 - Citizenship, Leadership, Public Speaking, Family History, World of Work, Healthy Relationships, Emergency Preparedness, Family Consumer Science, Money Mentors,
- STEM:
 - Math, Robotics, Engineering, Space, 3D Printing & 3D Model Building, Aerodynamics, Coding (Beginner, Intermediate, and Advanced), Science & Technology, Kitchen Science, Edible Science, Crime & Spy,
- Arts:
 - Communication & Expressive Arts, Theater Arts, Cake Decorating, Photography, Beading, Crochet, Paper Crafts, Sewing, Interior Design, T-Shirt Quilts, Duct Tape Crafts, and U-Sing
- Healthy Living:
 - Fitness, Healthy Snacks, Spa & Relaxation, Food Preservation, and Mountain Biking

These resources can be found at <https://utah4h.org/curriculum/>

Michigan State University Cooperative Extension, Texas A&M Agrilife Extension, University of Rhode Island Cooperative Extension, University of Kentucky Cooperative Extension, University of Maine Cooperative Extension, and Kansas State University Cooperative Extension all have excellent resources adapted from the University of Illinois.

NJ 4-H Short Term Exploratory Program (STEP)



For additional resources and information, please see the NJ 4-H Leaders Training Resources, pages 401-404; Section IV- Understanding Youth and their needs.

NJ 4-H Short Term Exploratory Program (STEP)

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.